

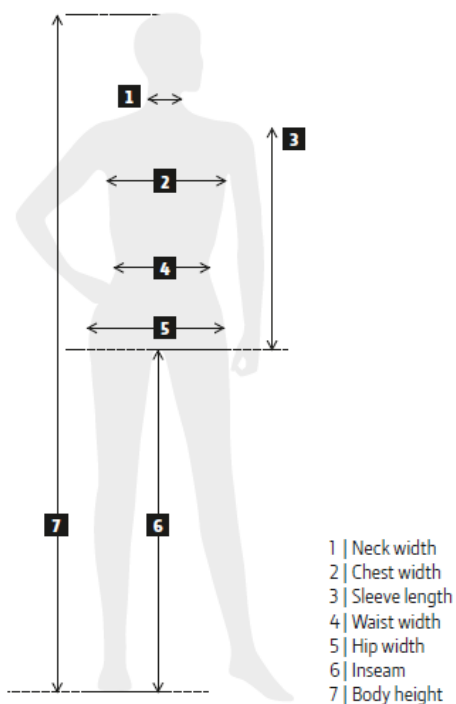
# SIZE GUIDE

FIND THE PERFECT FIT

Use our size guide to understand how to take your body measurements. Then check the charts to find the size that you can wear all day to feel great every day.



## WHAT TO MEASURE WHERE



Unless otherwise indicated, measurements in cm



Articles with Item  
no. MCDW



Articles with Item  
no. MCS

**VIERKE**  
FASHION FOR BRANDS

Articles with Item  
no. MCL

 OUTERWEAR



Articles with Item  
no. MCDW

**T-SHIRTS, HOODIES, JACKETS**

ORDERING SIZE		S (37-38)	M (39-40)	L (41-42)	XL (43-44)	XXL (45-46)	XXXL (47-48)
<b>2</b>	Chest	90-97	102-107	112-117	122-127	132-137	142-147

**BUSINESS SHIRTS**

ORDERING SIZE		15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20
<b>1</b>	Collar	38	39	40	42	43	44	46	47	48	50	51

**LADIES FLEECE/ POLO SHIRT**

ORDERING SIZE (INCHES)	8/10	12/14	16/18
INTERNATIONAL SIZE	XS/S	S/M	M/L

**LADIES SHIRT**

ORDERING SIZE (INCHES)	8	10	12	14	16	18	20
INTERNATIONAL SIZE	XXS	XS	S	M	L	XL	XXL



Articles with Item  
no. MCS

**JACKETS**

ORDERING SIZE 44-68		44	46	48	50	52	54	56	58	60	62	64	66	68
<b>1</b>	Neck width	37	37	38	39	40	41	42	43	44	45	46	47	48
<b>2</b>	Chest	88	92	96	100	104	108	112	116	120	124	128	132	136
<b>3</b>	Sleeve length	59	60	61	62	63	64	65	66	66	67	67	68	68
<b>4</b>	Waist	74	78	82	86	90	94	98	102	106	110	114	118	122
<b>7</b>	Body height	164-175		172-182		178-188		180-194		187-196		192-198		

ORDERING SIZE XS-4XL		XS	S	M	L	XL	2XL	3XL	4XL
<b>1</b>	Neck width	36-37	38-39	40-41	41-42	43-44	45-46	46-47	47-48
<b>2</b>	Chest	88-92	92-96	96-100	104-108	112-116	120-124	128-132	136
<b>3</b>	Sleeve length	59-60	60-61	62	63-64	65-66	66-67	67-68	68
<b>4</b>	Waist	72-76	76-80	82-86	88-93	93-98	100-105	107-112	114-119
<b>7</b>	Body height	164-175		172-182		180-188		187-194	

**T-SHIRTS, HOODIES, JACKETS**

ORDERING SIZE	S	M	L	XL	2XL	3XL
<b>2</b> Chest	84-88	92-96	100-104	108-112	116-120	124-128
<b>4</b> Waist	70-74	78-83	88-93	98-103	107-111	116-121

**APPLICABLE NATIONAL SIZES PER COUNTRY**

UK	32/34	36/38	40/42	44/46	48/50	52/54
IT	32/34	38/38	40/42	44/46	48/50	52/54
FR, BE, ES, DE, NL	42/44	46/48	50/52	54/56	58/60	62/64

**LADIES T-SHIRT**

ORDERING SIZE	XS	S	M	L	XL	2XL
<b>2</b> Chest	80	84	88	92	96	100
<b>4</b> Waist	66	69	72	76	80	85

**APPLICABLE NATIONAL SIZES PER COUNTRY**

UK	8	10	12	14	16	18
FR, BE, ES	36	38	40	42	44	46
DE, NL	34	36	38	40	42	44
IT	38	40	42	44	46	48

**TROUSERS**



**SHORT FIT, LENGTH = 74 cm**

ORDERING SIZE	30S	32S	34S	36S	38S	40S	42S
<b>4</b> Waist	80	81	88	92	96	100	104

**APPLICABLE NATIONAL SIZES PER COUNTRY**

UK	30	32	34	36	38	40	42
FR, BE, ES	40	42	44	46	48	50	52
DE	22	23	24	25	26	27	28
IT	44	46	50	52	54	56	58
NL	44	46	48	50	52	56	58

**REGULAR FIT, LENGTH = 79 cm**

ORDERING SIZE	28R	30R	32R	34R	36R	38R	40R	42R
<b>4</b> Waist	76	80	81	88	92	96	100	104

**APPLICABLE NATIONAL SIZES PER COUNTRY**

UK	28	30	32	34	36	38	40	42
FR, BE, ES	38	40	42	44	46	48	50	52
DE, IT	42	44	46	50	52	54	56	58
NL	42	44	46	48	50	52	56	58

**TALL FIT, LENGTH = 84 cm**

ORDERING SIZE	30T	32T	33T	34T	36T	38T	40T	42T
<b>4</b> Waist	80	81	84	88	92	96	100	104

**APPLICABLE NATIONAL SIZES PER COUNTRY**

UK	30	32	33	34	36	38	40	42
FR, BE, ES	40	42	43	44	46	48	50	52
DE	90	94	98	102	106	110	114	118
IT	44	46	48	50	52	54	56	58
NL	44	46	47	48	50	52	56	58



Articles with Item  
no. MCS

**SIZES 44-68**

ORDERING SIZE	44	46	48	50	52	54	56	58	60	62	64	66	68
<b>4</b> Waist	76	80	84	88	90	94	98	102	106	110	114	118	122
<b>5</b> Hip	94	90	94	98	102	106	110	114	118	122	126	130	134
<b>6</b> Inseam	78	80	81	82	83	84	85	86	87	88	88	88	88
<b>7</b> Body height	164-175		172-182		178-188		180-194		187-196		192-198		

**SIZES XS-4XL**

ORDERING SIZE	XS	S	M	L	XL	2XL	3XL	4XL
<b>4</b> Waist	72-76	76-80	82-86	88-93	93-98	100-105	107-112	114-119
<b>5</b> Hip	90	94-98	98-102	102-106	106-110	110-114	114-118	118-122
<b>6</b> Inseam	78-80	81-82	83-84	84-85	86-87	88	88	88
<b>7</b> Body height	164-175		172-182		180-188		187-196	

**LADIES SIZES 34-56**

ORDERING SIZE		34	36	38	40	42	44	46	48	50	52	54	56
4	Waist	68	71	74	78	82	86	90	95	101	107	104	108
5	Hip	90	93	96	99	102	106	110	115	120	130	134	138
6	Inseam	78	79	80	80	81	83	84	85	86	86	87	88
7	Body height	164 +/- 4	164 +/- 4	166 +/- 4	168 +/- 4	168 +/- 4	168 +/- 4	170 +/- 4			170-172 +/- 4		

Unless otherwise indicated, measurements in cm


**OVERALLS**


Articles with Item  
no. MCDW

**REGULAR FIT, LENGTH = 79 cm**

ORDERING SIZE		34R	36R	38R	40R	42R	44R	46R	48R	50R	52R	54R	56R
2	Chest	86	92	97	102	107	112	117	122	127	132	138	142

**TALL FIT, LENGTH = 84 cm**

ORDERING SIZE		34T	36T	38T	40T	42T	44T	46T	48T	50T	52T	54T	56T
2	Chest	86	92	97	102	107	112	117	122	127	132	138	142

**SIZES XS-4XL**

ORDERING SIZE		XS	S	M	L	XL	2XL	3XL	4XL
1	Neck width	37	38-39	40-41	41-42	43-44	45-46	46-47	47-48
2	Chest	86-88	92-96	96-100	104-108	112-116	120-124	128-132	136
3	Sleeve length	59	60-61	62	63-64	65-66	66-67	67-68	68
4	Waist	72-76	76-80	82-86	88-93	93-98	100-105	107-112	114-119
5	Hip	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-122
6	Inseam	78-80	81-82	83-84	84-85	86-87	88	88	88
7	Body height	164-175		174-182		180-188		187-194	



Articles with Item  
no. MCS

**SIZES XS-3XL**

ORDERING SIZE		46 (XS-S)	48 (S-M)	50 (M)	52 (M-L)	54 (L)	56 (XL)	58 (2XL)	60 (2XL-3XL)	62 (3XL)
1	Neck width	37	38	39	40	41	42	43	44	45
2	Chest	92	96	100	104	108	112	116	120	124
3	Sleeve length	60	61	62	63	64	65	66	66	67

4	Waist	78	82	86	90	94	98	102	106	110
5	Hip	90	94	98	102	106	110	114	118	122
6	Inseam	80	81	82	83	84	85	86	87	88
7	Body height	164-175	172-182	172-182	178-186	180-188	180-188	187-194	187-194	192-196

Unless otherwise indicated, measurements in cm



## CHILDREN AND BABY



Articles with Item  
no. MCDW

### CHILDREN'S OVERALL

ORDERING SIZE (AGE)		1-2	3-4	5-6	7-8	9-10	11-12
2	Chest	37.9	41	43.7	45.1	47.8	50.4
6	Inseam	35.1	43	47.4	52.2	54.8	62.9



Articles with Item  
no. MCL

### BABY

ORDERING SIZE (BODY HEIGHT)		50-56	62-68	74-80	86-92
2	Chest	43	46-49	51-52	53-54

### APPLICABLE NATIONAL SIZES PER COUNTRY

UK (Age)	Newborn	3-6 months	6-12 months	18-24 months
FR, BE, ES, IT (Age)	–	3 months	9-12 months	12-24 months
DE, NL	50/56	62/68	74/80	86/92

### CHILDREN

ORDERING SIZE (BODY HEIGHT)		92-98	104-110	116-122	128-134	140-146	152-158	164-170
2	Chest	55-56	57-60	61-63	64-67	70-73	77-81	85-89

### APPLICABLE NATIONAL SIZES PER COUNTRY

UK (Age)	2-3 years	3-5 years	5-7 years	7-9 years	9-10 years	11-13 years	13-15 years
FR, BE, ES, IT (Age)	2-3 years	4-5 years	6-7 years	8-9 years	10-11 years	12-13 years	14 years
DE, NL	92/98	104/110	116/122	128/134	140/146	152/158	164/170